



PLAN DESIGN AND BENEFITS
PROVIDED BY AETNA HEALTH OF CALIFORNIA INC. - FULL RISK

PLAN FEATURES	PARTICIPATING PROVIDERS / REFERRED
Deductible (per calendar year)	None Individual None Family
Member Coinsurance	Covered 100%
Out-of-Pocket Maximum (per calendar year)	\$1,000 Individual \$2,000 Family
Member cost sharing for certain services may not apply toward the Out-of-Pocket Maximum Only those participating providers/referred out of pocket expenses resulting from the application of coinsurance percentage, deductibles and copays (except any penalty amounts and pharmacy cost sharing) may be used to satisfy the Out-of-Pocket Maximum. Once Family Out-of-Pocket Maximum is met, all family members will be considered as having met their Out-of-Pocket Maximum for the remainder of the calendar year.	
Lifetime Maximum	Unlimited except where otherwise indicated.
Primary Care Physician Selection	Required
Referral Requirements	Required for all non-emergency, non-urgent and non-Primary Care physicians services, except direct access services.
PREVENTIVE CARE	PARTICIPATING PROVIDERS / REFERRED
Routine Adult Physical Exams/ Immunizations (Age and frequency schedules apply)	100%
Well Child Exams / Immunizations (Age and frequency schedules apply)	100%
Routine Gynecological Care Exams Includes pap smear, HPV screening, and related lab fees. Direct access to participating providers. Members may choose ob/gyns as PCPs.	\$15 copay
One routine exam per 365 days.	
Routine Mammograms One baseline mammogram for females age 35 - 39; and one annual mammogram for females age 40 and over.	100%
Routine Digital Rectal Exams / Prostate Specific Antigen Test For males age 40 and over.	100%
Colorectal Cancer Screening For all members 50 and over. Frequency schedule applies.	100%
Routine Hearing Screening	Subject to Routine Physical Exam cost sharing.
PHYSICIAN SERVICES	PARTICIPATING PROVIDERS / REFERRED
Office Visits to member's selected Primary Care Physician	Office Hours : \$15 copay After Office Hours/Home : \$20 copay
Specialist Office Visits Includes services of an internist, general physician, family practitioner or pediatrician if the physician is not the member's selected PCP.	\$15 copay
Maternity OB Visits	\$15 copay
Allergy Treatment	\$15 copay
Allergy Testing	\$15 copay
DIAGNOSTIC PROCEDURES	PARTICIPATING PROVIDERS / REFERRED
Diagnostic Laboratory	100% covered



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If performed as a part of a physician's office visit and billed by the physician, expenses are covered subject to the applicable physician's office visit cost sharing.

Diagnostic X-ray	100% covered
Outpatient hospital or other Outpatient facility	
EMERGENCY MEDICAL CARE	PARTICIPATING PROVIDERS / REFERRED
Urgent Care	\$50 copay
Non-Urgent use of Urgent Care Provider	Not Covered
Emergency Room	\$50 copay
Non-Emergency Care in an Emergency Room	Not Covered
Ambulance	100% covered
HOSPITAL CARE	PARTICIPATING PROVIDERS / REFERRED
Inpatient Coverage	Covered 100%
The member cost sharing applies to all covered benefits incurred during a member's inpatient stay.	
Inpatient Maternity Coverage	Covered 100%
The member cost sharing applies to all covered benefits incurred during a member's inpatient stay.	
Outpatient Surgery	\$50 copay
The member cost sharing applies to all covered benefits incurred during a member's outpatient visit.	
MENTAL HEALTH SERVICES	PARTICIPATING PROVIDERS / REFERRED
Inpatient Serious Mental Illness and Serious Emotional Disturbances of a Child	Covered 100%
The member cost sharing applies to all covered benefits incurred during a member's inpatient stay.	
Inpatient Non-Serious Mental Illness	Covered 100%
Unlimited days per calendar year	
The member cost sharing applies to all covered benefits incurred during a member's inpatient stay.	
Outpatient Serious Mental Illness and Serious Emotional Disturbances of a Child	\$15 per visit copay
The member cost sharing applies to all covered benefits incurred during a member's outpatient visit.	
Outpatient Non-Serious Mental Illness	\$15 per visit copay
Unlimited visits per calendar year	
The member cost sharing applies to all covered benefits incurred during a member's outpatient visit.	
ALCOHOL/DRUG ABUSE SERVICES	PARTICIPATING PROVIDERS / REFERRED
Inpatient Detoxification	Covered 100%
The member cost sharing applies to all covered benefits incurred during a member's inpatient stay.	
Outpatient Detoxification	\$15 per visit copay
The member cost sharing applies to all covered benefits incurred during a member's outpatient visit.	
Inpatient Rehabilitation	Covered 100%
Limited to 30 days per calendar year	
The member cost sharing applies to all covered benefits incurred during a member's inpatient stay.	
Outpatient Rehabilitation	\$15 per visit copay
Limited to 20 visits per calendar year.	
The member cost sharing applies to all covered benefits incurred during a member's outpatient visit.	
OTHER SERVICES	PARTICIPATING PROVIDERS / REFERRED
Skilled Nursing Facility	Covered 100%
Limited to 100 days per calendar year.	
The member cost sharing applies to all covered benefits incurred during a member's inpatient stay.	
Home Health Care	Covered 100%, \$20 copay for physician home visit
Hospice Care - Inpatient	Covered 100%
The member cost sharing applies to all covered benefits incurred during a member's inpatient stay.	
Hospice Care - Outpatient	Covered 100%
The member cost sharing applies to all covered benefits incurred during a member's outpatient visit.	
Private Duty Nursing	Not Covered unless pre-authorized



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Outpatient Rehabilitation Therapy (Includes speech, physical and occupational therapy)	\$15 per visit copay
Treatment over a 60-day consecutive period per incident of illness or injury beginning with the first day of treatment.	
Subluxation	\$15 per visit copay
Direct access to participating providers	Limited to 30 visits per calendar year
Durable Medical Equipment	50% (of contracted rate)
Diabetic Supplies	PCP office visit cost sharing applies
Dental	Not Covered
Vision Eyewear	\$200 once per 12 month period
Transplants	Covered 100% Coverage is provided at an IOE contracted facility only
Bariatric	Covered 100% Coverage is provided at an IOE contracted facility only

The member cost sharing applies to all covered benefits incurred during a member's inpatient stay.

FAMILY PLANNING	PARTICIPATING PROVIDERS / REFERRED
Infertility Treatment	Member cost sharing is based on the type of service performed and the place of service where it is rendered.
Diagnosis and treatment of the underlying medical condition	
Voluntary Sterilization	Subject to applicable service type member cost sharing
Including tubal ligation and vasectomy.	

PHARMACY - PRESCRIPTION DRUG BENEFITS	PARTICIPATING PROVIDERS / REFERRED
Retail	\$10 copay for formulary generic drugs, \$25 copay for formulary brand-name drugs, and \$30 copay for non-formulary brand-name and generic drugs up to a 30 day supply at participating pharmacies.
Mail order	\$20 copay for formulary generic drugs, \$50 copay for formulary brand-name drugs, and \$60 copay for non-formulary brand-name and generic drugs up to a 31-90 day supply at participating pharmacies.

Pharmacy Managed Self Injectables (PMSI)
First prescription fill at any retail or mail order drug facility. Subsequent fills must be through Aetna Specialty Pharmacy®
No Mandatory Generic (NO MG) - Member is responsible to pay the applicable copay only.

Plan Includes: Performance Enhancing Medication, Contraceptive drugs and devices obtainable from a pharmacy, Oral fertility drugs.
Precert included and Step-therapy included

GENERAL PROVISIONS	
Dependents Eligibility	Spouse, children from birth to age 19 or to age 25 if in school.

For any service or supply that is subject to a maximum visit, day, or dollar limitation, such maximums will be reduced by any services or supplies which are covered as [Self-Referred and] Referred Benefits under this plan.

Exclusions and Limitations

"Aetna" is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies. The Aetna companies that offer, underwrite or administer benefits include Aetna Health Inc.. While this material is believed to be accurate as of the print date, it is subject to change

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This plan does not cover all health care expenses and includes exclusions and limitations. Members should refer to their plan documents to determine which health care services are covered and to what extent. The following is a partial list of services and supplies that are generally not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents, including costs of services before coverage begins and after coverage terminates.
- Cosmetic surgery.
- Custodial care.
- Dental care and dental x-rays.
- Donor egg retrieval.
- Durable medical equipment.
- Experimental and investigational procedures, (except for coverage for medically necessary routine patient care costs for Members participating in a cancer clinical trial).
- Hearing aids.
- Home births
- Immunizations for travel or work
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services including, but not limited to, artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services unless specifically listed as covered in your plan documents.
- Nonmedically necessary services or supplies.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and over-the-counter medications (except as provided in a hospital) and supplies
- Radial keratotomy or related procedures.
- Reversal of sterilization.
- Services for the treatment of sexual dysfunction or inadequacies including therapy, supplies or counseling.
- Special duty nursing.
- Therapy or rehabilitation other than those listed as covered in the plan documents.

This material is for informational purposes only and is neither an offer of coverage nor medical advice. It contains only a partial, general description of plan benefits or programs and does not constitute a contract. Aetna does not provide health care services and therefore, cannot guarantee any results or outcomes. Consult the plan document (i.e. Schedule of Benefits, Certificate of Coverage, Evidence of Coverage, Group Agreement, Group Insurance Certificate and/or Group Policy) to determine governing contractual provisions, including procedures, exclusions and limitations relating to the plan. The availability of a plan or program may vary by geographic service area. Some benefits are subject to limitations or visit maximums. With the exception of Aetna Rx Home Delivery, all participating physicians, hospitals and other health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change. Notice of the change shall be provided in accordance with applicable state law.

Aetna Pharmacy Management refers to an internal business unit of Aetna Health Management, LLC. If your plan covers outpatient prescription drugs, your plan may include a drug formulary (preferred drug list). A formulary is a list of prescription drugs generally covered under your prescription drug benefits plan on a preferred basis subject to applicable limitations and conditions. Your pharmacy benefit is generally not limited to the drugs listed on the formulary. The medications listed on the formulary are subject to change in accordance with applicable state law. For information regarding how medications are reviewed and selected for the formulary, formulary information, and information about other pharmacy programs such as precertification and step-therapy, please refer to Aetna's website at www.aetna.com, or the Aetna Medication Formulary Guide. Many drugs, including many of those listed on the formulary, are subject to rebate arrangements between Aetna and the manufacturer of the drugs. Rebates received by Aetna from drug manufacturers are not reflected in the cost paid by a member for a prescription drug.



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In addition, in circumstances where your prescription plan utilizes copayments or coinsurance calculated on a percentage basis or a deductible, use of formulary drugs may not necessarily result in lower costs for the member. Members should consult with their treating physicians regarding questions about specific medications. Refer to your plan documents or contact Member Services for information regarding the terms and limitations of coverage. Aetna Rx Home Delivery® refers to Aetna Rx Home Delivery, LLC, a subsidiary of Aetna Inc., that is a licensed pharmacy providing mail-order pharmacy services. Aetna's negotiated charge with Aetna Rx Home Delivery may be higher than Aetna Rx Home Delivery's cost of purchasing drugs and providing mail-order pharmacy services.

Certain primary care providers are affiliated with integrated delivery systems or other provider groups (such as independent practice associations and physician-hospital organizations), and members who select these providers will generally be referred to specialists and hospitals within those systems or groups. However, if a system or group does not include a provider qualified to meet member's medical needs, member may request to have services provided by a non-system or non-group providers. Member's request will be reviewed and will require prior authorization from the system or group and/or Aetna to be a covered benefit.

Certain services require precertification, or prior approval of coverage. Failure to precertify for these services may lead to substantially reduced benefits or denial of coverage.

Some of the benefits requiring precertification may include, but are not limited to, inpatient hospital, inpatient mental health, inpatient skilled nursing, outpatient surgery, substance abuse (detoxification), inpatient and outpatient rehabilitation). When the Member obtains covered services from participating providers, the provider will obtain precertification. If the Member obtains covered services from a nonparticipating provider, the Member must obtain the precertification. Precertification requirements may vary. Members may refer to their plan documents for a complete list of medical services that require precertification. Certain benefits like comprehensive infertility and advanced reproductive technology (ART) services, if covered under your plan, are subject to a select network of participating providers, from which you will be required to seek care to receive covered benefits.

Members or providers may be required to precertify, or obtain prior approval of coverage for certain services such as non-emergency inpatient hospital care. Certain benefits like comprehensive infertility and advanced reproduction technology (ART) services, if covered under your plan, are subject to a select network of participating providers, from which you will be required to seek care to receive covered benefits.