



19th Annual Southland Senior Olympics
October 29 - November 15, 2009



Schedule of Events: (Dates are subject to change)

- Kick off Celebration**, Wednesday 10/28 10 am Brookhurst Community Center 2271 W. Crescent Ave Anaheim **BBQ Lunch, Athlete T-Shirt & Goodie Bag Distribution, Entertainment, Fun Walk, Fitness Assessments, Health Screenings - Billiards** - 10/30 - (9am) - Danny K's 1096 N. Main Street Anaheim
- Team Bingo** - 10/29 - (9:00 am) - Downtown Community Center 250 E Center Anaheim
- Surfing** - 10/31 (7:30am) Huntington Beach Pier - Huntington Beach
- Racquetball** - 10/31 (8am) Meridian Sports Club 1535 Deerpark Dr. Fullerton
- Horseshoes** - 11/3 - (9am) - William O. Hart Park - Orange Horseshoe Pit 701 S. Glassell St. Orange
- Shuffleboard** - 11/3 & 11/4 - (9am) - Bellflower Shuffleboard Club John S. Simms Park 16614 S. Clark Ave. Bellflower
- Bocce Ball** - 11/5 - 11am - Emerald Court 1731 W. Medical Center Drive Anaheim
- BobbleBall** - 11/6 - 8:30am Downtown Community Center 250 E Center St Anaheim
- Table Tennis** -11/7 (8:30am) & 11/8 (8:30am) Singles, Doubles & Mixed Doubles - Martin Recreation Center (La Palma Park) 1151 La Palma Park Way, Anaheim
- Softball** - 11/7, 11/8 - Yorba & Peralta Park Fields (Call Michael 714-765-5290)
- Tennis** - 11/9 (10am), 11/10 (11am), 11/11 (10am) - (Men's & Women's Singles, Doubles & Mixed Doubles) Anaheim Tennis Center 975 S. State College Anaheim
- Bowling** - 11/10 (Singles) 11/11(Doubles) - 8:30am - Linbrook Bowl 201 S. Brookhurst Street Anaheim
- Golf** - 11/12 (8:00 am) Dad Miller Golf Course 430 N. Gilbert St. Anaheim
- Ballroom Dance** - 11/13 - 6:30 pm - Downtown Community Center 250 E. Center Street Anaheim
- Volleyball** - 11/14 - (9am) - **Men's** 11/15 - (9am) - **Women's** Downtown Youth Center Gymnasium 225 S. Philadelphia Street Anaheim
- Push Up Contest** - 11/14 - (10am) Downtown Community Center 250 E. Center Street Anaheim
- Archery**-11/14,11/15 El Dorado Olympic Archery Range 7550 E. Spring St. Long Beach

The Southland Senior Olympics is open to all seniors 50 years of age and older. Registration fees are \$25 plus individual event fees. Registration fees must be received by October 5th or a late charge of \$5 will be added to registration and event fees. Please call (714) 765-4510 to receive an application.