

# Free Health Assessments

Preventive Health Care for the Aging (PHCA-nurse) provide the following services:

- Health History
- Nutrition History
- Pulse
- Vision Screening
- Hearing Test
- Skin, Oral / Dental Examinations
- Colo-Rectal Screening
- Hemoglobin and
- Blood Sugar Testing
- Height/Weight
- Urine Screening
- Nutritional Counseling



Please note this program is for seniors 55 and above!!

**1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month**

**Appointments required by calling (714) 765-4510**

**Downtown Community Center / Anaheim Senior Center**

**250 E. Center St., Anaheim, CA 92805**

