

# If you can pack a diaper bag, you can pack a disaster bag.

Make a diaper bag or disaster bag for every family member.

## Diaper Bag

## Disaster Bag



### Food & Water

- Baby bottles & formula
- Baby food
- Snacks



### Food & Water

- Water & flavored drink mix
- Meal replacement bars
- Snacks

### First Aid

- First Aid kit
- Medicine (Rx & OTC)
- Sunblock
- Diapers & Wipes



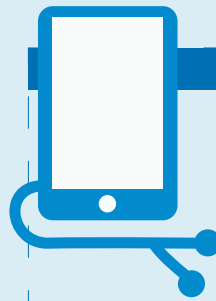
### First Aid

- First Aid kit
- Medicine (Rx & OTC)
- Sunblock
- Personal care items



### Comfort

- Change of clothes
- Jacket or sweater
- Blanket
- Age-appropriate toys



### Comfort

- Change of clothes
- Jacket or sweater
- Sleeping bag
- Age-appropriate toys

### Information

- ID bracelet
- Emergency phone list (MD, grandparents)
- Cash



### Information

- Family disaster plan
- Emergency phone list (out-of-state contact)
- Cash



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