

ANAHEIM POLICE DEPARTMENT

POLICE OFFICER PHYSICAL AGILITY TEST STANDARDS AND SCORES

**ENTRY LEVEL OFFICER**

EVENT	MAX POINTS	←							MIN POINTS
1.0 Mile Run	Under 7 minutes	7:01-7:42	7:43-8:24	8:25-9:06	9:07-9:48	9:49-10:30	10:31-11:12	11:13-11:54	11:54-12:00
Obstacle Course	Under 30 sec	31-35 sec	36-40 sec	41-45 sec	46-50 sec	51-55 sec	56 sec-1:00	1:01-1:05	1:06-1:10
Pushups	35+	31-34	27-30	23-26	19-22	15-18	11-14	7-10	3-6
440 Yd. Run	Under 1:30	1:31-1:35	1:36-1:40	1:41-1:45	1:46-1:50	1:51-1:55	1:56-2:00	2:01-2:05	2:05-2:10
Dummy Drag	Under 5 sec	5.01-8.99 sec	9.0-12.99 sec	13.0-16.99 sec	17.0-20.99 sec	21.0-24.99 sec	20.0-22.99 sec	23.0-25.99 sec	26.0-27.0 sec