

Downtown Anaheim Senior Center – 250 E. Center St. Anaheim, CA 92805
For senior program information, call 714-765-4511

November 2023

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<p>Note: Some activities require Anaheim Senior Citizen's Club membership</p>			<p>1 Tai Chi 8-9 Qigong 9 Gift Shop 9 Volleyball (GYM) 9-1 Membership Office 9-3 Pinochle 11:30-3:30 Pickle Ball (GYM) 12-3 Movie Day 1 Table Tennis 2:15-6</p>	<p>2 Tai Chi 8-9 Qigong 9 Free Line Dance Class 9 Gift Shop 9 Membership Office 9-3 Painting 12-4 Health/Wellness 12:30 Donation Bingo 1 Mahjong 1-4</p>	<p>3 Tai Chi 8-9 Volleyball (GYM) 8:30-11:00 Dapper Tappers 9 Gift Shop 9 Membership Office 9-3 Bobble Ball 10:00-11:30 Canasta 12:30-4:45 Veteran's Day Luncheon 12-3 Cards 12-4:45</p>	<p>4 Table Tennis 8-12 Bingo 12:00 Table tennis 12-6</p>
<p>5 Table Tennis 2:15-6pm</p>	<p>6 Tai Chi 8-9 Gift Shop 9 Watercolor 9-11 HiCAP (RSVP) 9-1 Crochet Group 9-1 Membership Office 9-3 Duplicate Bridge 11-3 Pickle Ball (GYM) 12-3 Cards-Hand and Foot 12:30-4:45 Volleyball (Gym) 1-3 Game Day and Chess 2-4 Band and Band 2 6</p>	<p>7 Tai Chi 8-9 Western Line Dance 9 Gift Shop 9 Membership Office 9-3 Health/Wellness 10-12 Mexican Dominoes 12</p>	<p>8 Tai Chi 8-9 Qigong 9 Gift Shop 9 Volleyball (GYM) 9-1 Membership Office 9-3 Pinochle 11:30-3:30 Pickle Ball (GYM) 12-3 Movie Day 1 Table Tennis 2:15-6</p>	<p>9 Tai Chi 8-9 Qigong 9 Free Line Dance Class 9 Gift Shop 9 Membership Office 9-3 Painting 12-4 Health/Wellness 12:30 Donation Bingo 1 Mahjong 1-4</p>	<p>10 Center Closed for Veteran's Day</p>	<p>11 Table Tennis 8-12 Bingo 12:00 Table tennis 12-6</p>
<p>12 Table Tennis 2:15-6pm</p>	<p>13 Tai Chi 8-9 Gift Shop 9 Watercolor 9-11 Crochet Group 9-1 Membership Office 9-3 Duplicate Bridge 11-3 Pickle Ball (GYM) 12-3 Cards-Hand and Foot 12:30-4:45 Volleyball (Gym) 1-3 Game Day and Chess 2-4 Band and Band 2 6</p>	<p>14 Tai Chi 8-9 Western Line Dance 9 Gift Shop 9 Membership Office 9-3 Health/Wellness 10-12 Mexican Dominoes 12 Friendship Luncheon 12</p>	<p>15 Tai Chi 8-9 Qigong 9 Gift Shop 9 Volleyball (GYM) 9-1 Membership Office 9-3 Board Meeting 10 Pinochle 11:30-3:30 Pickle Ball (GYM) 12-3 Movie Day 1 Table Tennis 2:15-6</p>	<p>16 Tai Chi 8-9 Qigong 9 Free Line Dance Class 9 Gift Shop 9 Membership Office 9-3 Painting 12-4 Health/Wellness 12:30 Donation Bingo 1 Mahjong 1-4</p>	<p>17 Tai Chi 8-9 Volleyball (GYM) 8:30-11:00 Dapper Tappers 9 Gift Shop 9 Membership Office 9-3 Bobble Ball 10:00-11:30 Canasta 12:30-4:45 Table Tennis 2:15-5:45 Cards 12-4:45</p>	<p>18 Table Tennis 8-12 Bingo 12:00 Table tennis 12-6 Health Fair 10-1 Member Luncheon 12</p>
<p>19 Table Tennis 2:15-6pm</p>	<p>20 Tai Chi 8-9 Gift Shop 9 Watercolor 9-11 HiCAP (RSVP) 9-1 Crochet Group 9-1 Membership Office 9-3 Duplicate Bridge 11-3 Pickle Ball (GYM) 12-3 Cards-Hand and Foot 12:30-4:45 Volleyball (Gym) 1-3 Game Day and Chess 2-4 Band and Band 2 6</p>	<p>21 Tai Chi 8-9 Western Line Dance 9 Gift Shop 9 Membership Office 9-3 Legal Aid (RSVP) 9:30-12 Health/Wellness 10-12 Mexican Dominoes 12</p>	<p>22 Tai Chi 8-9 Qigong 9 Gift Shop 9 Volleyball (GYM) 9-1 Membership Office 9-3 Pinochle 11:30-3:30 Pickle Ball (GYM) 12-3 Movie Day 1 Table Tennis 2:15-6</p>	<p>23 Center Closed for Thanksgiving</p>	<p>24 Center Closed for Holiday Weekend</p>	<p>25 Table Tennis 8-12 Bingo 12:00 Table tennis 12-6</p>
<p>26 Table Tennis 2:15-6pm</p>	<p>27 Tai Chi 8-9 Gift Shop 9 Watercolor 9-11 Crochet Group 9-1 Membership Office 9-3 Duplicate Bridge 11-3 Pickle Ball (GYM) 12-3 Cards-Hand and Foot 12:30-4:45 Volleyball (Gym) 1-3 Game Day and Chess 2-4 Band and Band 2 6</p>	<p>28 Tai Chi 8-9 Western Line Dance 9 Gift Shop 9 Membership Office 9-3 Health/Wellness 10-12 Mexican Dominoes 12 Woodstock Halloween 1-3</p>	<p>29 Tai Chi 8-9 Qigong 9 Gift Shop 9 Volleyball (GYM) 9-1 Membership Office 9-3 Pinochle 11:30-3:30 Pickle Ball (GYM) 12-3 Movie Day 1 Table Tennis 2:15-6 Team Meeting 11:30</p>	<p>30 Tai Chi 8-9 Qigong 9 Free Line Dance Class 9 Gift Shop 9 Membership Office 9-3 Painting 12-4 Health/Wellness 12:30 Donation Bingo 1 Mahjong 1-4</p>		